

Brattleboro Zen Center – Covid Protocol

1. All participants are asked to be fully vaccinated. If vaccinations are more than 6 months old, booster shots are encouraged. We ask that all interested participants contact the Brattleboro Zen Center before attending an in-person practice event for the first time to arrange a time to receive instruction to Zen meditation and confirm their vaccination status.
2. Participants are asked to sign in with greeter when they arrive to enable contract tracing.
3. All participants are to wear well fitting masks with the following exceptions.
 - a. Anyone giving a talk or making some other type of presentation should unmask so all can hear.
 - b. The *kokyo* (chant leader) should unmask so that they can be heard.
 - c. If the rates of covid 19 in our community subsides significantly, we may at a later point offer tea and refreshments following our formal program. Guidelines regarding the removal of masks while eating and drinking will be provided if so.
4. All sitting spaces are to be separated by a minimum of 6 feet.
5. A “hand washing station” will be set up at the entrance to the Zendo. This will be positioned to be used after removal of jackets and shoes. This station will consist of a bottle of alcohol based hand cleaner.